

Volunteer and Service Ideas for EMS Junior Beta Club **(non-club sponsored)**

Below you will find several ideas for service projects and an assigned point value. Please contact the organization (Animal Shelter, Our Daily Bread, Rankin Museum etc) you wish to volunteer with, prior to volunteering. Volunteering means that you offer your time and services to help others, without compensation or payment.

If you have an opportunity to volunteer and you are unaware of whether you can count points for your service, see Ms. Covington, Mrs. McNair, or Mrs. James.

Generic Points Conversion:

1 hour of service = 50 service points

- Read to the elderly at a local nursing home.
- Play an instrument for a local nursing home.
- Volunteer at the Humane Society or other animal shelter.
- Volunteer at the Sandhills Children's Center or McLaurin Center
- Volunteer at the Boys and Girls Club.
- Volunteer at Our Daily Bread contact Claudia Dwight (910) 995-1908 to set this up. Our Daily Bread is the third Thursday of every month from 3-4 pm.
- Volunteer at Habitat for Humanity or the ReStore in Rockingham.
- Volunteer to coach and help with athletic teams for younger children.
- Volunteer to teach lessons, such as dance or music, for younger children.
- Volunteer at school festivals / dances / social events. Mineral Springs Folt Science Night, Fall Festival, or field day. Contact Ms. Lambeth for details on these dates and times.
- Help teachers with classroom cleanup (after school).
- Help sell concessions at EMS sporting events. Contact Coach Adeimy to set up times to work.
- Volunteer to work at Kemp Library in Ellerbe. Contact Shannon Hearne at the library to set this up.
- Volunteer at Rankin Museum. Contact Gail Benson (910)652-6378 to set this up. Students may volunteer their time on Monday afternoons from 3-5 pm.
- Donate Box Tops for Education, 1 point per \$.10 box top. Therefore, if your box tops have a value of \$6.50, you should record 65 points on your log. (Give to Ms. Covington- 250 points maximum)
- Donate Pop Tops for Ronald McDonald House and cancer research, 25 points per 50 tops. (Give to Ms. Covington- 200 points maximum)