# Richmond County Community Resource Guide



Created By: Kim Childers

**Richmond County Schools** 

Created May 2020 (Updated as needed)

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Our Daily Bread Christian Food	108 S Randolph St, Rockingham	Tuesday/Wednesday/Thursday- 9:30am-12:30pm	910-895-3536	Food Pantry
Jesus Is Justice Mission Inc	469 Mills Rd, East Rockingham	Thursday 1-3pm	917-566-1961	Food Pantry
Tabernacle Full Gospel	328 Airport Rd, Rockingham	Bi-weekly Thursdays 12pm	910-419-4271	Food Pantry
Mt. Zion UCC/Rockingham	986 Ledbetter Rd, Rockingham	2nd and 4th Wednesday 11am- 12p	910-895-5792	Food Pantry
Greater Diggs AME Zion Church	1258 Old Cheraw Hwy, Rockingham	4th Friday and Saturday 10am-12pm	910-997-4476	Food Pantry
You Can Learn Center	552 Green Lake Rd, Rockingham	Thursdays 11am-1pm	919-368-4318	Soup Kitchen
New Covenant Christian Fellowship	120 Hamer Rd, Rockingham	Thursday, Friday, Saturday 9am-12pm	910-434-6605	Food Pantry
Cornerstone SDA Church	408 E. Franklin Street, Rockingham	Wednesday 11am-2pm	910-617-7610	Food Pantry
Christ Memorial	1110 E. Washington St, Rockingham	Saturday 8am-10am	910-215-3685	Food Pantry
Leak Street	1004 Leak St, Rockingham	Monday-Friday 3pm-6pm	910-997-6238	Daily Meals

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Richmond County DSS	125 Caroline St, Rockingham	Monday- Friday 8am-5pm	910-997-8480	Food Pantry
Place of Grace	252 School St, Rockingham	Monday and Fridays 10am-2pm Produce Wednesday 1030am until Soup Kitchen Daily at 12pm and 5pm	910-817-7165	Food Pantry and Soup Kitchen, Shelter, Clothing, etc.
Rockingham Spanish SDA Church	136 Eason Dr, Rockingham	Wednesday 12pm	910-995-3177	Food Pantry
Red Sea Ministries	122 E Washington St Rockingham	Call for Assistance	910-730-8790	Food Pantry
Kings Gate Church	161 Sierra Avenue, Hamlet	Tuesday 11am -1pm	910-995-2943	Lunch and Food Pantry
First Presbyterian Church	200 Rice St, Hamlet	1st Saturday 9am-12pm 4th Wednesday 10am-12pm	910-582-0111	Food Pantry
Outreach for Jesus	440 Battley Dairy Rd, Hamlet	Bi-weekly Thurs 3-4pm	910-206-2959	Food Pantry
Helping Hands of Hamlet Church of God of Prophecy	609 Cheraw Rd, Hamlet	Thursday 1-3pm	910-334-1009	Food Pantry
St. Paul Lutheran	311 Marlboro St, Hamlet	3rd Saturday 9am-11:30am 3rd Sun 1-2pm Emergency Asst.	910-582-0729	Food Pantry
Feed A Family	560 Airport Rd, Rockingham	Call for Assistance	910-894-3653	Food Pantry

<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
217 Lackey St, Hamlet	2nd and 4th Wednesday 10am- 12pm	910-582-1177	Food Pantry
148 Daniels St, Hamlet	Tues 5:45pm-7pm dinner Sun 9am-10:15am breakfast	910-997-4391	Soup Kitchen
10 E. Hamlet Ave, Hamlet	Monday-Friday 12pm-1pm (on hold at this time)		Soup Kitchen
725 W. Hamlet Ave, Hamlet	4th Friday 9am-12pm	910-205-0740	Food Pantry
411 Raleigh St, Hamlet	Call for Appointment	910-582-5558	Food Pantry
335 Earl Franklin Dr, Hamlet	Call for Appointment Food is given out when food is available	910-582-0575 or 910-331-9996	Food Pantry
169 5th St, Hamlet	2nd and 4th Thursday 1030am- until	910-268-4418	Food Pantry
16221 Zion Road, Marston	Sunday 10am-11am and Wednesday 6pm-7pm	910-582-5550	Soup Kitchen
267 Blues Bridge Road, Hoffman	Thursday 10am-2pm	910-281-5957	Food Pantry
2281 N. Main St, Ellerbe	3rd Thursday 3pm-4pm	90-895-4027	Food Pantry
4409 Main Street, Ellerbe	Wednesday 5:30-6:30	910-331-2206	Food Pantry
122 Railroad Street, Ellerbe	1st and 3rd Tuesday 4pm-6pm	910-206-6820	Food Pantry
	217 Lackey St, Hamlet  148 Daniels St, Hamlet  10 E. Hamlet Ave, Hamlet  725 W. Hamlet Ave, Hamlet  411 Raleigh St, Hamlet  335 Earl Franklin Dr, Hamlet  169 5th St, Hamlet  16221 Zion Road, Marston  267 Blues Bridge Road, Hoffman  2281 N. Main St, Ellerbe	217 Lackey St, Hamlet 218 Daniels St, Hamlet 219 Tues 5:45pm-7pm dinner Sun 9am-10:15am breakfast  10 E. Hamlet Ave, Hamlet 325 W. Hamlet Ave, Hamlet 411 Raleigh St, Hamlet 335 Earl Franklin Dr, Hamlet 335 Earl Franklin Dr, Hamlet 336 Earl Franklin Dr, Hamlet 337 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 339 Earl Franklin Dr, Hamlet 330 Earl Franklin Dr, Hamlet 330 Earl Franklin Dr, Hamlet 331 Earl Franklin Dr, Hamlet 332 Earl Franklin Dr, Hamlet 333 Earl Franklin Dr, Hamlet 335 Earl Franklin Dr, Hamlet 336 Earl Franklin Dr, Hamlet 337 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 339 Earl Franklin Dr, Hamlet 330 Earl Franklin Dr, Hamlet 330 Earl Franklin Dr, Hamlet 331 Earl Franklin Dr, Hamlet 332 Earl Franklin Dr, Hamlet 333 Earl Franklin Dr, Hamlet 334 Earl Franklin Dr, Hamlet 335 Earl Franklin Dr, Hamlet 336 Earl Franklin Dr, Hamlet 337 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 338 Earl Franklin Dr, Hamlet 339 Earl Franklin Dr, Hamlet 340 Amplet Ave, Hamlet 341 Friday 9am-12pm 441 Raleigh St, Hamlet 341 Friday 9am-12pm 441 Raleigh St, Hamlet 342 Earl Franklin Dr, Hamlet 343 Earl Franklin Dr, Hamlet 344 Thursday 1030am- 444 Wednesday 6pm-7pm 344 Thursday 10am-2pm 344 Thursday 3pm-4pm 34409 Main Street, Ellerbe 34409 Mednesday 5:30-6:30	217 Lackey St, Hamlet   2nd and 4th Wednesday 10am-   910-582-1177   12pm   910-997-4391     148 Daniels St, Hamlet   Tues 5:45pm-7pm dinner Sun   9am-10:15am breakfast   910-997-4391       10 E. Hamlet Ave, Hamlet   Monday-Friday 12pm-1pm (on hold at this time)     725 W. Hamlet Ave, Hamlet   4th Friday 9am-12pm   910-205-0740     411 Raleigh St, Hamlet   Call for Appointment   910-582-5558     335 Earl Franklin Dr, Hamlet   Call for Appointment Food is given out when food is available   910-331-9996     169 5th St, Hamlet   2nd and 4th Thursday 1030am- until   910-268-4418     16221 Zion Road, Marston   Sunday 10am-11am and Wednesday 6pm-7pm   910-281-5957     267 Blues Bridge Road, Hoffman   Thursday 10am-2pm   910-281-5957     2281 N. Main St, Ellerbe   3rd Thursday 3pm-4pm   90-895-4027     4409 Main Street, Ellerbe   Wednesday 5:30-6:30   910-331-2206

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Church of God of Prophecy	243 Capel Mill Rd, Norman 122 Jackson Street, Ellerbe	1 <sup>st</sup> and 3 <sup>rd</sup> Saturday 10am-12pm Tues and Wed 9:30am-11am	910-461-8535 910-652-3593	Food Pantry
Gibson United Methodist St. Johns	13241 McLaurin St, Gibson	Wednesday 8am-until	910-280-2424	Food Pantry and Soup Kitchen
First United Methodist Church	101 W. Church St, Laurinburg	3rd Sat 9am-until	910-610-1248	Food Pantry
Church Community Services	108 Gill St, Laurinburg	1st Saturday 830am-1230pm	910-610-1248	Food Pantry
Partners in Ministry	12 Third St, Laurinburg	Friday 9-11am	910-227-3355	Food Pantry
Anson Crisis Ministries	117 N. Rutherford St, Wadesboro	Monday, Tuesday, Wednesday, and Friday 8am-1pm	704-694-2445	Food Pantry
Feed My Lambs	2290 Us-74, Wadesboro	Tuesday 10am-12pm Thursday 130pm-4pm Friday 10am-11am and 130pm to 4pm	704-695-1820	Food Pantry
Harvest Ministries	1134 E. Caswell St, Wadesboro	Monday 11am-2pm	704-695-2879	Food Pantry

Food and Nutrition Assistance (EBT) online link: https://epass.nc.gov/CitizenPortal/application.do

### **Housing Resources**

#### Housing Assistance Call 211. Rapid Rehousing call 910-334-4357 Kelly Hutchinson

Find Shelter tool: Find Shelter | HUD.gov / U.S. Department of Housing and Urban Development (HUD)

Hope.NC.Gov 888-927-5467 Housing Opportunities and Prevention of Evictions

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agen</u>	су Туре
Hamlet Housing Authority	1104 Fisher Avenue, Hamlet	Call for Hours	910-582-3279	Housing	Public Housing
Rockingham Housing Authority	809 Armstead St, Rockingham	Call for Hours	910-997-3316	Housing	Public Housing
Habitat for Humanity	13 East Broad Ave Suite 17, Rockingham	Call for Hours	910-817-9576	Housing Assistance	
Place of Grace Rescue Mission	252 School St, Rockingham	Monday-Sunday	910-817-7165	Shelter	Emergency Shelter and Temporary Shelter
Sandhills Community Action	122 Railroad St, Ellerbe	Call for Hours	910-410-0207	Housing Assistance	HUD approved housing counseling service
Ellerbe Manor Apartments	202 2nd St, Ellerbe	Call for Hours	910-582-6250	Affordable Apartments	Income Based apartments if Eligible
Garden wood Apartments (Long Drive)	1234 Cauthen Drive, Rockingham	Call for Hours	910-895-2959	Affordable Apartments	Income Based apartments if Eligible
Holiday Village Apartments	Box A Shannon Dr, Rockingham	Call for Hours	910-997-7115	Affordable Apartments	Income Based apartments if Eligible

### **Housing Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>		Agency Type
Crown Pointe Apartments	1253 Cauthen Drive, Rockingham	Call for Hours	910-997-4299	Affordable Apartments	Income Based apartments if Eligible
Town Park Apartments	Box A Shannon Dr, Rockingham	Call for Hours	910-997-5491	Affordable Apartments	Income Based apartments if Eligible
Village Green Apartments	1003 Beaver wood Ct, Rockingham	Call for Hours	910-895-3256	Affordable Apartments	Income Based apartments if Eligible
Falling Creek Apartments	157 Lady Mary Lane, Rockingham	Call for Hours	910-997-5774	Affordable Apartments	Income Based apartments if Eligible
Fountain Pointe Apartments	192 Clemmer Rd, Rockingham	Call for Hours	910-434-8434	Affordable Apartments	Income Based apartments if Eligible
Pine Ridge Apartments	1035 Pine Ridge Dr, Rockingham	Call for Hours	910-997-5439	Affordable Apartments	Income Based apartments if Eligible
The Pines Apartments	135 Lady Mary Lane, Rockingham	Call for Hours	910-997-2082	Affordable Apartments	Income Based apartments if Eligible
Timber Ridge Apartments	515 Steele St, Rockingham	Call for Hours	910-997-7972	Affordable Apartments	Income Based apartments if Eligible
Greenridge Apartments	200 Greenridge Dr, Rockingham	Call for Hours	910-895-4115	Affordable Apartments	Income Based apartments if Eligible
Quail Hollow Apartments	601 Quail Hollow Dr, Hamlet	Call for Hours	910-582-6250	Affordable Apartments	Income Based apartments if Eligible

### **Housing Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>		Agency Type
Piney Pointe Apartments	103 Piney Pointe Dr, Hamlet	Call for Hours	910-582-6020	Affordable Apartments	Income Based apartments if Eligible
Tall Pines Apartments	900 Ridge Dr, Hamlet	Call for Hours	910-582-1418	Affordable Apartments	Income Based apartments if Eligible
ARC of NC/DHS Richmond Apartments	534 Steele St, Rockingham	Call for Hours	910-895-8466	Disability Housing	Disability Housing Assistance
MHA in NC	270 McArthur Dr, Rockingham	Call for Hours	910-895-7566	Disability Housing Assistance	Disability Housing Assistance
Cameron Grove Apartments	150 Lady Mary Lane, Rockingham	Call for Hours	910-817-7715	Senior Housing	Senior Housing
Lenox Station Apartments	510 S. Caroline St, Rockingham	Call for Hours	910-410-3878	Senior Housing	Income Based apartments if Eligible
Magnolia Apartments	125 Mallard Ln, Rockingham	Call for Hours	910-895-9199	Senior Housing	Senior Housing
Richmond Village Apartments	324 Green Street, Hamlet	Call for Hours	910-582-4655	Senior Housing	Income Based apartments if Eligible
Sierra Gardens Apartments	158 Sierra Lane, Hamlet	Call for Hours	910-582-2071	Senior Housing	Income Based apartments if Eligible
Cheraw Housing Authority	Cheraw, SC	Call for Hours	843-669-4163	Housing Assistance	Income Based apartments if Eligible
Salvation Army	Asheboro, NC	Call for Assistance	336-625-0551	Housing Assistance	

**Shelters** 

Find Shelter tool: Find Shelter | HUD.gov / U.S. Department of Housing and Urban Development (HUD)

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency 1	<u>'ype</u>
Place of Grace Rescue Mission	252 School St, Rockingham	Monday-Sunday	910-817-7801	Shelter	Emergency/ Temporary Shelter
New Horizon	801 East Broad Ave, Rockingham	Call for Assistance	910-997-4840	Domestic Violence and Sexual Assault Services	
Harvest Ministries	Wadesboro, NC	Call for Assistance	704-695-2879 or 704-695-1655	Shelter	
Samaritan Inn	Wadesboro, NC	Call for Assistance	704-695-2453	Shelter	
Second Chance	Moore County	Call for Assistance	910-215-0642	Shelter	
Family Promise	Moore County Lee County	Call for Assistance	910-944-7149 919-718-0569	Shelter	
Friend to Friend	Moore county	Call for Assistance	910-947-3333	Shelter	
Anson Co. Homes of Hope	415 Lee Ave Wadesboro, NC 28170	Call for Assistance	704-668-4952	Shelter	
Connections of Cumberland Co		Call for Assistance	910-630-0106	Shelter	
Genesis House		Call for Assistance	336-248-6684	Shelter	

### Job Assistance

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
NC Works	115 West Franklin St, Rockingham	Daily 9am-5pm	910-997-9180	Job Resources
Mega Force	1194 Rockingham Rd, Rockingham	Monday thru Friday 8am to 5pm	910-895-0510	Job Assistance
Debbie's Staffing	1021 W. Hamlet Ave Suite 2, Hamlet	Monday thru Friday 8am to 5pm	910-889-0155	Job Assistance

### **Transportation**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Area of Richmond Transit	504-D East Broad Ave, Rockingham	Call for Assistance	910-895-1313	Transportation
Richmond County Department of Social Services	125 Caroline St, Rockingham	Monday thru Friday	910-997-8445 or 910-997-4953	Medicaid Transportation
Act of Kindness Adult Care Services	143 Bowen Street Hoffman NC	Call for Assistance	910-322-5082 910-995-5395	Non-emergency medical transport

### **Children and Youth Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Head Start South Hamlet Union County Community Action	205 Thomas St, Hamlet	Call for Assistance	910-582-4793	Head Start
Head Start Fayetteville Street Union County Community Action	105 Fayetteville St, Hamlet	Call for Assistance	910-582-2366	Head Start
Richmond County Partnership for Children Smart Start	315 S. Lawrence St, Rockingham	Call for Assistance	910-997-3773	Assistance Children Ages 0-5
Children's Developmental Services Agency		Call for Assistance	910-997-9117	Children services
Richmond County Schools			910-582-5860	Children services
Parks and Recreation Rockingham		Call for Hours	910-997-8331	Children services
Parks and Recreation Hamlet		Call for Hours	910-582-7998	Children services

# **Children and Youth Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
4-H Cooperative Extension		Call for Hours	910-997-8255	Children services
Richmond County Social Services	125 Caroline St, Rockingham	Monday thru Friday	910-997-8400	Children services
Richmond County Health Department	125 Caroline St, Rockingham	Monday thru Friday	910-997-8300	Children services
Safe Kids of the Carolinas	925 S. Long Drive, Rockingham	Call for Assistance	910-417-3735	Community Resource
Youth Villages of NC		See information at bottom of Resource Guide		Youth Resource for ages 16-22
Sandhills Alternative Academy	503 Rockingham Rd Rockingham NC		910-417-4922	Services for ages 5-18

### **Pregnancy Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Pee Dee Pregnancy Resource Center	202 S. Lawrence St. Rockingham	Tuesday and Thursday 10a-5p Wednesday 10a- 5pm	910-997-3040	Pregnancy Resources
Madison's Place	304 Rollins Ave Hamlet	Call for Hours	919-307-9084	Pregnancy Resources
Hope Pregnancy Resource Center	148 E. Morgan St, Wadesboro	Call for Hours	704-690-6689	Pregnancy Resources
Richmond County Health Department	125 Caroline St, Rockingham	Monday thru Friday	910-997-8300	Pregnancy Resources

# **Disability Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Richmond County Vocational Rehabilitation Services	1793 East Broad Ave, Rockingham	Call for Hours	910-997-9230	Disability Assistance
Social Security Administration	220 E. Greene St, Rockingham	Daily 9am-5pm	877-405-7673	Social Security and Medicare
Easter Seals UCP of Rockingham	427 South Hancock St, Rockingham	Call for Assistance	910-997-2676	Disability Assistance

### **Medical Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
1st Health Richmond Memorial Hospital	925 Long Dr, Rockingham	Open 24hrs a day	910-417-3000	Hospital
1st Health Convenient Care	1021 West Hamlet Ave, Hamlet	Daily 8am to 8pm	910-417-4100	Urgent Care
Fast-Med Urgent Care	1262 East Broad Ave, Rockingham	Monday thru Friday 8a-8p, Saturday and Sunday 8a-4p	910-817-9200	Urgent Care
MCM Pediatrics	Rockingham	Call for Hours and Appointments	910-997-7180	Pediatricians
Purcell Clinic	Rockingham	Call for Hours and Appointments	910-817-9384	Pediatricians
Choice Pediatric	Rockingham	Call for Hours and Appointments	910-410-0010	Pediatricians
Richmond Pediatrics	Rockingham	Call for Hours and Appointments	910-895-4140	Pediatricians
Sandhills Pediatrics	Moore County	Call for Hours and Appointments	910-692-2444	Pediatricians
Premier Pediatrics	Laurinburg	Call for Hours and Appointments	910-246-2229	Pediatricians
Covington Eye Clinic	Rockingham	Call for Hours and Appointments	910-997-4489	Eye Care
Hardwick Vision Center	Rockingham	Call for Hours and Appointments	910-997-7766	Eye Care

# **Medical Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Walmart Vision Center	Rockingham	Call for Hours and Appointments	910-205-2020	Eye Care
Dr. Bartiss	Moore County	Call for Hours and Appointments	910-692-2020	Eye Care
RC Health Department Dental	125 Caroline St, Rockingham	Call for Hours and Appointments	910-997-8300	Dental Care
Clinic			910-417-4933	<b>Medical Care</b>
Dr. Aiken	Rockingham	Call for Hours and Appointments	910-895-5210	Dental Care
Dr. Brown	Rockingham	Call for Hours and Appointments	910-582-5707	Dental Care
Dr. Cleveland	Rockingham	Call for Hours and Appointments	910-582-3095	Dental Care
Lane and Associates	Hamlet	Call for Hours and Appointments	910-582-5143	Dental Care
Powers Ped Dentistry	<b>Moore County</b>	Call for Hours and Appointments	910-692-5329	Dental Care
First Health Dental	Moore County	Call for Hours and Appointments	910-692-5111	Dental Care
Village Family Dental	Scotland County	Call for Hours and Appointments	910-276-6640	Dental Care
Scotland Family Dentistry	Scotland County	Call for Hours and Appointments	910-277-0079	Dental Care

### **Veteran Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
VA Outpatient Clinic	100 Jefferson St, Hamlet	Monday thru Friday 9am-5pm	910-582-3536	Veteran Services
Richmond Co Veterans Office	1401 Fayetteville Rd, Rockingham	Call for Assistance	910-997-8232	Veteran Services
VA Regional Office		Call for Assistance	800-827-1000	Veteran Services
VA Medical Center	Fayetteville, NC	Open 24hrs a day	800-771-6106	Veteran Services
National Call Center for		Call for Assistance	910-488-2120	Veteran Services
Homeless Veterans			877-424-3838	
Veterans Crisis Line		Call for Assistance	800-273-8255	Veteran Services

### **Community Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Richmond County Vocational Rehabilitation Services	1793 East Broad Ave, Rockingham	Call for Hours	910-997-9230	Disability Assistance
Social Security Administration	220 E. Greene St, Rockingham	Daily 9am-5pm	877-405-7673	Social Security and Medicare
Rockingham Lions Club	Alcan Road off Hwy 220 N, Rockingham	Call for Assistance	910-895-5787	Eye Care Assistance
Hamlet Lions Club		Call For Assistance	910-582-4586	Eye Care Assistance
Department of Social Services	125 Caroline St, Rockingham	Call for Assistance	910-997-8400	Community Resources
United Way	101 Rockingham Rd, Rockingham	Call for Assistance	910-997-2173	Community Resources
Christian Closet	770 E. US 74, Rockingham		910-582-9545	Clothing
Richmond County Literacy Council	316 East Washington St, Rockingham	Call for Assistance	910-895-0338	Tutoring
Poison Control Center			800-222-1222	
Cooperative Extension		Call for Assistance	910-997-8255	Adult Education
Richmond Community College		Call for Assistance	910-410-1700	GED and ESL
Sandhills Community Action Program	302 Leak Street, Rockingham	Call for Assistance	910-410-0207	Multiple Resources
North Carolina 211		Call for Assistance	211	Multiple Community resource information
Find Shelter Tool	Find Shelter   HUD.gov / U.S. Department of Housing and Urban Development (HUD)	Search internet for assistance	Many resources	Shelter, Housing Assistance, Food, Health, Clothing
Richmond County Red Cross		Call for Assistance	910-817-7621	Disaster Services
Place of Grace Rescue Missions	252 School Street, Rockingham	910-817-7801	Many resources	Shelter, Clothing, Food, Community assistance

### **Community Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Richmond County Register of Deeds	114 E. Franklin Street #101 Rockingham NC	M-F 9:00am to 5:00pm	910-997-8250	Birth Certificates Richmond County
DMV	200 College Drive Hamlet NC	M-F 8:00am-5:00pm	910-582-7032	Driver's License ID

For out of county births, please visit the county of birth Register of Deeds for birth certificate.

You can also obtain a copy via mail at <a href="https://www.usa.gov/replace-vital-documents">https://www.usa.gov/replace-vital-documents</a>

### **Senior Resources**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Richmond County Council on Aging	225 South Lawrence St Rockingham NC	Call for Assistance	910-997-4491	Senior Services
Rockingham Senior Center	225 South Lawrence St Rockingham NC	Call for Assistance	910-997-4491	Senior Services
East Rockingham Senior Center	135 Safie 6 <sup>th</sup> Street Rockingham	Call for Assistance	910-997-8332	Senior Services
Ellerbe Senior Center	306 Millstone Rd Ellerbe NC	Call for Assistance	910-652-6006	Senior Services
Hamlet Senior Center	105 Veterans Drive Hamlet NC	Call for Assistance	910-582-7985	Senior Services
Hoffman Senior Center	267 Blues Ridge Rd Hoffman NC	Call for Assistance	910-281-5957	Senior Services
Richmond Community Support Center	393 W. US 74 Hwy Rockingham NC	Call for Assistance	910-997-8440	Senior Services
Adult Protective Services	Richmond County Social Services	Call for Assistance	910-997-8450	Senior Services

### Law Enforcement

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Richmond County Sheriff Department	1 Court St, Rockingham		911 (Emergency)	910-895-3232 (non- Emergency needs)
Rockingham Police Department	311 E. Franklin St, Rockingham		911 (Emergency)	910-895-2468 (non- Emergency needs)
Hamlet Police Department	201 Main St, Rockingham		911 (Emergency)	910-582-2551 (non - Emergency needs)
Richmond County Crime Stoppers			910-997-5454	
Richmond County Probation			910-997-9107	

### **Substance Misuse/Mental Health Services/Crisis Intervention**

Recovery Support Group Facebook Live: Please join at <a href="https://www.facebook.com/groups/anewwaytorecover">www.facebook.com/groups/anewwaytorecover</a>

Weekly Schedule:

Addiction recovery services: Monday 4-5pm Growing in Recovery: Tuesday 4-5pm Living Life in Recovery: Wednesday 11-12pm Faith In Recovery: Thursday 4-5pm

Recovery is Possible: Friday 12-1pm One Day at a Time: Saturday 10-11am Arise from Recovery: Sunday 4-5pm

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	<u>Agency Type</u>
Suicide Prevention Center		Call for Assistance	800-273-8255	Suicide Prevention
Teen Line		Call for Assistance	800-852-8336	Teen Help
Connections Family Support		Call for Assistance	877-211-5995	Family Support
Carolina Behavioral Care	109 Medical Circle, Rockingham	Call for Assistance	910-245-5400	Substance Misuse and/or Mental Health Treatment Resources

### <u>Substance Misuse/Mental Health Services/Crisis Intervention</u>

Open Discussion with Caregivers: Facebook Live Weekly: Tuesday 11-12pm

Please join at WWW.FACEBOOK.COM/GROUPS/ANEWWAYTORECOVER

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Primary Health Choice	621 East Broad Ave, Rockingham	Call for Hours	910-895-9692	Substance Misuse and/or Mental Health Treatment Resources
Place of Grace Rescue Mission	252 School St, Rockingham	Call for Assistance	910-817-7165	Substance Misuse and/or Mental Health Treatment Resources
Daymark Recovery Services of Richmond County	116 South Lawrence St, Rockingham	Call for Hours	910-895-2462	Substance Misuse and/or Mental Health Treatment Resources
Sandhills Behavioral Care	523 Rockingham Rd, Rockingham	Call for Assistance	910-562-9882	Substance Misuse and/or Mental Health Treatment Resources
Compassionate Counseling Services	Rockingham	Call for Assistance	910-817-9927	Substance Misuse and/or Mental Health Treatment Resources
Un-Bound Counseling Services	115 West Main Street Hamlet, NC 28345	Call for Assistance	910-387-1910	Substance Misuse and/or Mental Health Treatment Resources
Jackson Springs Treatment Center	778 Hoffman Rd. West End, NC 27376.	Call for Assistance	(910) 673-0833	Mental Health Treatment Resources for Males
Narcotics Anonymous		Call for Assistance	888-835-8801	Substance Misuse Resources

# **Substance Misuse/Mental Health Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Sandhills Center	1120 Seven Lakes Dr, West End	Call for Assistance	910-673-9111	Substance Misuse and/or Mental Health Treatment Resources
Daymark Recovery Services of Anson County	704 Old Lilesville Rd, Wadesboro	Call for Assistance	704-694-6588	Substance Misuse and/or Mental Health Treatment Resources
Samaritan Colony	136 Samaritan Dr, Rockingham	Call for Assistance	910-895-3243	Substance Misuse and/or Mental Health Treatment Resources
Sandhills Alternative Academy	503 Rockingham Road, Rockingham	Call for Hours	910-417-4922	Substance Misuse and/or Mental Health Treatment Resources
Trinity Services	801 East Broad Ave, Rockingham	Call for Hours	910-895-6270	Substance Misuse and/or Mental Health Treatment Resources
Richmond County Mental Health Society	428 South Hancock St, Rockingham	Call for Assistance	910-997-4720	Substance Misuse and/or Mental Health Treatment Resources
TASC (Treatment Accountability for Safer Communities)	Winston-Salem NC	Call for Assistance	336-714-7099	Substance Misuse and/or Mental Health Treatment Resources

# **Substance Misuse/Mental Health Services**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Alexander Youth Network	945 SW Broad St, Southern Pines	Call for Assistance	704-366-8712	Substance Misuse and/or Mental Health Treatment Resources
Alcohol and Drug Services Rockingham Branch	1015 Fayetteville Rd Suite A, Rockingham	Call for Assistance	910-997-7105	Substance Misuse and/or Mental Health Treatment Resources
Mobile Crisis Team		Call for Assistance	877-626-1772	Substance Misuse and/or Mental Health Treatment Resources
Family Recovery Services		Call for Assistance	910-817-7425	Substance Misuse and/or Mental Health Treatment Resources
21 <sup>st</sup> Century Counseling		Call for Assistance	910-817-9181	Mental Health, Focus on Trauma family and Children Bilingual
Mental Health Association of NC		Call for Assistance	910-895-2661	Substance Misuse and/or Mental Health Treatment Resources
Chapman's Substance Abuse Services	111 Mallard Lane Rockingham NC	Call for Assistance	910-817-7299	Substance Misuse Counselor
Inpatient Drug Rehab Center		Call for Assistance	704-207-0877	Inpatient Substance Misuse Rehab Facility

### **Afterschool/Summer Programs**

<u>Agency</u>	<u>Location</u>	<u>Hours</u>	<u>Phone</u>	Agency Type
Sandhills Children Center	108 Crow Run, Rockingham	Call for hours	910-997-7160	Children Services
Parks and Recreation	Rockingham Rd, Rockingham	Call for hours and activities	910-9979331	Children Services
Park and Recreation	716 Spring St, Hamlet	Call for hours and activities	910-582-7998	Children Services
4-H Cooperative Extension	Rockingham	Call for hours and activities	910-997-8255	Children Services
Second Baptist Summer Day Camp	Hamlet	Call for hours and activities	910-582-3696	Children Services

Note: Many Daycares in Rockingham and Hamlet NC offer before/afterschool care and summer camps. Call the daycares to inquire about these programs.

#### For Families:

#### NCDPI and NCDHHS 877-877 Meal Locator Texting Resource for Parents

Families who need help finding meals for their children ages 18 and younger can text to locate nearby free meal sites. After entering their address, families will receive a text with the location and serving times for nearby pick-up and drive-thru meal sites while schools are closed. Sites have been set up across the state with school and community partners.

For English text: FOODNC to 877-877 For Spanish text: COMIDA to 877-877

#### Hope4NC Helpline 24/7: 1-855-587-3463

Hope4NC Helpline connects North Carolinians to mental health and resilience supports that help them cope and build resilience during times of crisis. As part of the state's recent hurricane recovery efforts, it served over 4,400 people in the most impacted counties, and now it is being made available to everyone in North Carolina's 100 counties during the COVID-19 crisis.

### Call 211:

Assistance with resources in your county

Find Shelter tool: Find Shelter | HUD.gov / U.S. Department of Housing and Urban Development (HUD)

#### **Family Resource Library**

Developed by the Sandhills Center Family Support and Community Collaboration Program 9/13/19

The Family Resource Library was developed by the Family Support and Community Collaboration Program (sponsored by Sandhills Center LME/MCO and NC Families United) to aid families who are seeking information on topics such as parenting/child development, trauma/grief, suicide signs/prevention, substance misuse, service organizations, education, and many other subject areas. This is not an exhaustive list of resources but we hope this information will answer some of your questions. Contact the Family Support Advocate for your county to learn more about local resources. Please call a Family Support Advocate if we can provide you with printed information on any of the resources you find in this library.

#### Sandhills Center:

The Sandhills Center website contains information for families including a link that allows the user to look up providers of mental health, substance abuse, or developmental disability services for adults and children. There is a link that provides access to anonymous self-screenings, educational resources, and referral information in English and Spanish. There is a link to the Family Support Program that provides contact information for the Family Support Advocates and a calendar of upcoming events.

Information for Families and Consumers - https://www.sandhillscenter.org/for-consumers/

Access to providers of services - http://shcextweb.sandhillscenter.org/providerdirectory/

Access2Care, self-screening, information, referral - https://www.sandhillscenter.org/about/access2care-take-a-screening-now

Family Support Advocates contact information and calendar of events - https://www.sandhillscenter.org/for-consumers/family-support-and-community-collaboration

#### **NC Families United:**

NC Families United – This is the statewide family organization that provides advocacy for children, youth, and families with mental health challenges. It offers useful practical resources and a place where parents and young adults can find assistance linking to resources in their community. The Sandhills Family Support Program is one of the programs under the umbrella of NC Families United. <a href="https://www.ncfamiliesunited.org/">https://www.ncfamiliesunited.org/</a>

#### **Advocacy Resources:**

- NC Families United This is the statewide family organization that provides advocacy for children, youth, and families with mental health challenges. It offers useful practical resources and a place where parents and young adults can find assistance linking to resources in their community. The Sandhills Family Support Program is one of the programs under the umbrella of NC Families United. https://www.ncfamiliesunited.org/
- North Carolina Collaborative for Children, Youth, and Families (State Collaborative) This organization, through a System of Care framework, provides a forum for collaboration, advocacy and action among families, public and private child and family serving agencies and community partners to improve outcomes for all children, youth and families. This organization also provides technical assistance and trainings on System of Care practices and principles. A useful feature of this site is an interactive map that highlights information about local community collaboratives throughout North Carolina. The State Collaborative meets the 2nd and 4th Friday of each month. <a href="https://nccollaborative.org/">https://nccollaborative.org/</a>
- Child Advocate Serves the needs of children, families, and professionals while addressing mental health, medical educational, legal, and legislative issues. http://childadvocate.net
- Children's Advocacy Center of NC (CACNC) CACs can make a positive difference in the lives of abused children and provide advocacy by bringing the professional to the child instead of asking children and their families to access services through many different portals. <a href="https://cacnc.org/">https://cacnc.org/</a>

- Autism Society of North Carolina ASNC improves the lives of individuals with autism, advocates at a local and state level, supports families, and educates communities. This site contains a number of resources on topics such as transitioning to adulthood, staying safe in school, toolkits, and a link that allows a family to connect to an autism specialist in every NC County.
   <a href="https://www.autismsociety-nc.org/">https://www.autismsociety-nc.org/</a>
- NC Fetal Alcohol Prevention Program The NC Fetal Alcohol Prevention Program (FASDinNC) strives to prevent alcohol exposed pregnancies by providing training, education, and resources to women of childbearing age. http://www.fasdinnc.org/
- National Alliance on Mental Illness North Carolina (NAMI) NAMI's website features the latest information on mental illness, medication, and treatment. In addition it provides resources for support and advocacy including a link to find a local NAMI chapter. The NAMI NC Information Helpline is 800-451-9682. https://naminc.org/
- NC Child This site is primarily a policy and advocacy website. It contains county specific Child Data Report Cards and information on advocacy initiatives in NC. https://www.ncchild.org/
- Youth.gov This federal website supports programs and services focusing on youth. Included are youth facts, links to youth topics (runaways, LGBT, gang involvement, young parent, children of incarcerated parents, etc.), funding information for groups interested in working with youth, and tools to help community youth oriented groups keep up-to-date on the latest, youth-related news. http://youth.gov
- Mental Health America (MHA) Non-profit dedicated to addressing the needs of those living with mental illness and promoting the overall mental health of all Americans. Provides information on screening tools and resources for finding help. Website allows families to find MHA groups in their community. http://www.mentalhealthamerica.net
- Mothers Against Drunk Driving MADD works to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking. Their website provides ways to take action, support groups, fact sheets, and a Power of Parents handbook. <a href="http://www.madd.org/">http://www.madd.org/</a>
- PFLAG This organization was created to serve as an extended family for the LGBTQ community. They advocate for safety and equality at all levels including legislation, schools, health care, etc. Local chapters do advocacy work and have support group meetings throughout the state. <a href="https://pflag.org/">https://pflag.org/</a>

#### **Education:**

- ECAC Exceptional Children's Assistance Center The Assistance Center provides information to families on a wide variety of topics including IEPs, Autism, bullying, social skills, learning disabilities, preschoolers, toddlers, and much more. This site is especially valuable to families with a child who may need additional help at school. Families can also sign up for the ECAC newsletter. https://www.ecac-parentcenter.org/parent-training-info-center/ncs-parent-training-and-information-center-pti/
- PTA NCPTA is North Carolina's oldest and largest volunteer organization advocating for the education, health, safety, and success of all children and youth while building strong families and communities. Local, state and national PTA programs are offered or coordinated by the North Carolina PTA to help families and educators reach identified goals for children in communities across North Carolina. Leaders and members can choose to participate at various levels based on the needs and interests of each PTA community. https://ncpta.org/
- NC Department of Public Instruction—The official website of the NC Department of Public Instruction. Includes information on a wide variety of topics including directories of state and local public schools and staff, directories of charter schools and staff, parent communication, exceptional child services, early education information, student resources, military support, Governors School, news updates, and special events. http://www.ncpublicschools.org/
- GLSEN This organization has been working on LGBTQ issues in K-12 education since 1990. They provide resources and support for creating safe and affirming school environments free from harassment and bullying. <a href="https://www.glsen.org/">https://www.glsen.org/</a>

#### **Emergency assistance:**

- American Red Cross- Provides emergency assistance, disaster relief, and disaster preparedness education. https://www.redcross.org/
- Federal Emergency Management Agency (FEMA) Provides emergency assistance and disaster relief including assistance with lodging and home repairs to families impacted by a disaster. https://www.fema.gov

#### **Legal Resources:**

- North Carolina Lawyer Referral Service This service provides a referral to a lawyer in a family's county and may be able to provide information regarding other legal resources that may be available. <a href="https://www.ncbar.org/public-resources/lawyer-referral-service/">https://www.ncbar.org/public-resources/lawyer-referral-service/</a>
- Legal Aid of North Carolina Legal Aid of North Carolina is a statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. <a href="http://www.legalaidnc.org/">http://www.legalaidnc.org/</a>

• Disability Rights North Carolina - Disability Rights North Carolina (DRNC) is the federally designated protection and advocacy agency for the State of North Carolina. DRNC provides resources for self-advocacy including fact sheets, guides, and videos about the rights of people with disabilities. In addition they engage in strategic civil litigation, advocate for policy changes, and work to educate the public about disability rights and the disability community. https://disabilityrightsnc.org/

#### Mental health:

- National Institute of Mental Health NIMH is the lead federal agency for research on mental health disorders. This site also contains a library of information on many types of mental health issues such as anxiety, autism spectrum disorder, bipolar disorder, suicide prevention, PTSD, attention deficit disorder, and many more topics. This site provides links to free brochures and fact sheets which can be downloaded and printed. https://www.nimh.nih.gov/index.shtml
- ACES (Adverse Childhood Experiences) ACESTooHigh is a news site that reports on research about adverse childhood experiences, including developments in epidemiology, neurobiology, and the biomedical and epigenetic consequences of toxic stress. It also covers how people, organizations, agencies and communities are implementing practices based on the research. This includes developments in education, juvenile justice, criminal justice, public health, medicine, mental health, social services, and cities, counties and states. This site includes information on child trauma, attachment, resilience, school discipline, child abuse prevention, early child development, etc. http://acestoohigh.com
- American Academy of Child and Adolescent Psychiatry AACAP's Facts for Families provides concise and up to date information on issues that affect children, teens, and their families. www.aacap.org/aacap/Families and Youth/Facts for Families/Home.aspx
- Substance Abuse and Mental Health Services Administration (SAMHSA) SAMHSA provides information and publications regarding mental health and substance abuse issues, conditions, disorders, and treatment options. <a href="https://store.samhsa.gov/issues-conditions-disorders">https://store.samhsa.gov/issues-conditions-disorders</a>
- National Alliance on Mental Illness North Carolina NAMI's website features the latest information on mental illness, medication, and treatment. In addition it provides resources for support and advocacy including a link to find a local NAMI chapter. The NAMI NC Information Helpline is 800-451-9682. <a href="https://naminc.org/resources/useful-links/">https://naminc.org/resources/useful-links/</a>
- Autism Society of North Carolina ASNC improves the lives of individuals with autism, advocates at a local and state level, supports families, and educates communities. This site contains a number of resources on topics such as transitioning to adulthood, staying safe in school, toolkits, and a link that allows a family to connect to an autism specialist in every NC County.
   https://www.autismsociety-nc.org/
- Mental Health America (MHA) Non-profit dedicated to addressing the needs of those living with mental illness and promoting the overall mental health of all American. Provides information on screening tools and resources for finding help. Website allows families to find MHA groups in their community. <a href="https://www.mentalhealthamerica.net">http://www.mentalhealthamerica.net</a>
- Attention Deficit Disorder Association ADDA provides information, resources, and networking opportunities to those with ADHD. http://add.org/
- Center for Child and Family Health NCCTP This organization works to improve the health and functioning of infants, children, adolescents, and families coping with attachment difficulties, trauma symptoms, and significant behavioral-emotional challenges. This group certifies therapists in NC in various evidenced based therapies. This site also has a feature that allows a family to find therapists in their county who are certified in a variety of evidenced based therapies such as TFCBT (Trauma Focused Cognitive Behavioral Therapy), PCIT (Parent Child Interaction Therapy), CPP (Child-Parent Psychotherapy), ABC (Attachment and Biobehavioral Catch-up), and SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress). <a href="https://www.ncchildtreatmentprogram.org/program-roster/">https://www.ncchildtreatmentprogram.org/program-roster/</a>

#### Parenting, child development, child health:

- Youth.gov This federal website supports programs and services focusing on youth. Included are youth facts, links to youth topics (runaways, LGBT, gang involvement, young parent, children of incarcerated parents, etc.), funding information for groups interested in working with youth, and tools to help community youth oriented groups keep up-to-date on the latest, youth-related news. http://youth.gov
- American Academy of Child and Adolescent Psychiatry AACAP's Facts for Families provides concise and up to date information on issues that affect children, teens, and their families. www.aacap.org/aacap/Families and Youth/Facts for Families/Home.aspx
- NC Fetal Alcohol Prevention Program—The NC Fetal Alcohol Prevention Program (FASDinNC) strives to prevent alcohol exposed pregnancies by providing training, education, and resources to women of childbearing age. <a href="http://www.fasdinnc.org/">http://www.fasdinnc.org/</a>
- Child Welfare Information Gateway Helpful resource for foster families. Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare (DSS in NC), adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more, https://www.childwelfare.gov

- Adoptive Families This website helps families get support and advice as they learn to: prepare for adoption; form an attachment with their child; help friends and family understand; gain the trust of a child adopted at an older age; and instill a strong cultural identity in an adopted child. Provides a wealth of resources including a newsletter, access to a library, webinars, etc. This site does include a joining fee. <a href="https://www.adoptivefamilies.com/">https://www.adoptivefamilies.com/</a>
- Center for Parent Information and Resources Supporting the parent centers who serve families of children with disabilities. Includes links to resources regarding developmental transition issues, trauma informed practices, webinars, events, etc. <a href="https://www.parentcenterhub.org/">https://www.parentcenterhub.org/</a>
- KidsHealth Information for parents, kids, teens, and educators on a number of topics including: nutrition, emotions, first aid, puberty, relaxing, sexual health, school & jobs for teens, sports, etc. Includes a link to "Kids Health in the Classroom" for teachers. <a href="https://kidshealth.org/">https://kidshealth.org/</a>
- Safe Child Safe Child works to eliminate abuse and empower families. Resources are available on safety tips, parenting tips, trauma, resources on stress, financial literacy, etc. Includes the National Child Abuse Hotline 800-4-A-CHILD. https://safechildnc.org/
- Grand Families Resources for grandparents raising grandchildren within and outside the child welfare system. http://www.grandfamilies.org/
- Triple P Online in NC The Positive Parenting Program (Triple P) offers advice and ideas to help parents create a positive home environment for their children. This resource is now accessible to North Carolina parents through the program's Triple P Online and Teen Triple P Online courses. Parents and caregivers of children in North Carolina are invited to sign up and participate in Triple P online modules at their own pace. https://www.triplep-parenting.com/nc-en/triple-p/
- Healthy Children by the American Academy of Pediatrics This site contains information about children at all stages of development. It contains free articles, videos, and audio on health, teen sexuality, independence, money management, summer jobs, safety of younger children, shyness, low self-esteem, understanding temperament, handling a difficult child, and much more. https://www.healthychildren.org/English/Pages/default.aspx
- Parent Resource Center This program tries to reduce child and adolescent substance abuse by providing information, education, consultation, technical assistance, advocacy, and services.

  This site provides a variety of resources including information on: talking to youth about substance misuse, prescription medication abuse, the MADD organization, the Marijuana Talk Kit, a toll-free helpline, a Suicide Prevention Lifeline, a bullying phone app, and much more. http://www.ncparentresourcecenter.org/resources/parents/
- Autism Society of North Carolina ASNC improves the lives of individuals with autism, advocates at a local and state level, supports families, and educates communities. This site contains a number of resources on topics such as transitioning to adulthood, staying safe in school, toolkits, and a link that allows a family to connect to an autism specialist in every NC County. <a href="https://www.autismsociety-nc.org/">https://www.autismsociety-nc.org/</a>
- Community Impact North Carolina This site provides resources to parents that assist in addressing substance misuse. The site also provides information to those interested in developing community coalitions to address harm caused by substances. <a href="https://impactcarolina.org/family/">https://impactcarolina.org/family/</a>
- Military Child This site contains information that is of assistance to families who have a parent in the military. Topics include educational topics, issues related to frequent moves, etc. https://www.militarychild.org/
- American Academy of Children and Adolescent Psychiatry The AACAP provides resources for families on mental health and substance use, including quick facts and information on medications and clinical trials. www.aacap.org/AACAP/Families and Youth/Family Resources/Home.aspx

#### Service organizations:

- Center for Disease Control The CDC is the nation's health protection agency working 24/7 to protect America from health and safety threats, both foreign and domestic. The CDC provides resource information on violence prevention, the effects of trauma, vaccines, disease prevention, tobacco use, obesity, adverse childhood experience, etc. <a href="https://www.cdc.gov/">www.cdc.gov/</a>
- North Carolina Client Assistance Program (CAP) Helps people with disabilities understand and access rehabilitation services. Explains the nature of the various services available to people with disabilities from the different state agency rehabilitation programs. Refers people with non-rehabilitation needs to other appropriate resources. https://cap.state.nc.us
- Goodwill Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. The website includes a search filter that allows families to find local Goodwill chapters where they find support, a job, and educational opportunities. https://www.goodwill.org/
- North Carolina Vocational Rehabilitation Services NCVR assists those who have a physical, mental, learning, or emotional disability that affects their ability to find or keep a job, get ready for, find, or maintain employment. There is no cost to apply or to find out if you are eligible for VR services. Services are provided statewide. Call 1-800-215-7227 for a referral.
   www.ncdhhs.gov/dvrs
- Veterans Affairs This site is devoted to resources and information for military Veterans and their families. https://www.usa.gov/federal-agencies/u-s-department-of-veterans-affairs#tpcs

#### Substance misuse, parenting, prevention:

- Mothers Against Drunk Driving MADD works to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking. Their website provides ways to take action, support groups, fact sheets, and a Power of Parents handbook. <a href="https://www.madd.org/">http://www.madd.org/</a>
- Lock Your Meds- provides resources for the Lock Your Meds Campaign and a MEDucation Kit that teaches parents lessons on the problem of abuse and the solutions available. https://www.lockyourmeds.org/
- National Institute of Alcohol Abuse and Alcoholism NIAAA supports and conducts research on the impact of alcohol use on health and wellbeing and provides publications directed at parents including "Make a Difference: Talk to Your Child About Alcohol". <a href="http://pubs.niaaa.nih.gov/publications/MakeADiff">http://pubs.niaaa.nih.gov/publications/MakeADiff</a> HTML/makediff.htm
- National Institute on Drug Abuse NIDA provides a wealth of knowledge and resources for parents including guides for preventing drug abuse and for seeking drug treatment. www.drugabuse.gov/parents-educators
- Partnership for Drug-Free Kids An organization working to reduce substance abuse among adolescents by supporting families and engaging with teens. Their website provides a Parent Toolkit. http://www.drugfree.org/
- Substance Abuse and Mental Health Services Administration SAMHSA works to reduce the impact of substance abuse and mental illness on America's communities, including through their campaign on preventing underage drinking. http://www.samhsa.gov/underage-drinking/about

#### Substance misuse support groups and treatment service locators:

- Al-Anon Family Family and friends of problem drinkers can find understanding and support through group meetings, podcasts, and other resources. <a href="http://www.al-anon.org/">http://www.al-anon.org/</a>
- Alateen -Peer support group for teens who are struggling with the effects of someone else's problem drinking. <a href="https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/">https://al-anon.org/al-anon-meetings/find-an-alateen-meeting/</a>
- Alcohol Anonymous The AA website can help families find AA meetings near them as well as brochures directed at young people. <a href="http://www.aa.org/pages/en\_US">http://www.aa.org/pages/en\_US</a>
- Narcotics Anonymous The NA website can help young people find NA meetings near them as well as resources including brochures for young addicts and parents. http://www.na.org/
- Behavioral Health Treatment Services Locator Find treatment facilities for substance abuse/addiction and/or mental health problems. https://findtreatment.samhsa.gov/
- Opioid Treatment Program Directory Search opioid treatment programs by state. <a href="http://dpt2.samhsa.gov/treatment/directory.aspx">http://dpt2.samhsa.gov/treatment/directory.aspx</a>
- Sober Nation Treatment Locator An extensive directory of recovery centers. http://www.sobernation.com/

#### Suicide prevention and intervention:

- National Suicide Prevention Lifeline The Lifeline provides 24/7, free, and confidential support for people in distress, prevention and crisis resources for anyone, and best practices for professionals 800-273-8255. https://suicidepreventionlifeline.org/
- American Foundation of Suicide Prevention (AFSP) AFSP is the nation's largest non-profit dedicated to saving lives and bringing hope to those affected by suicide by advocacy, training, and educational material. https://afsp.org/
- Suicide Awareness Voices of Education (SAVE) SAVE works at the international, national, state and local levels to prevent suicide using a public health model in suicide prevention; concentrating its efforts on education and awareness. The website includes resources for survivors, access to depression screenings, and other information about mental illness and suicide. https://save.org/
- The Trevor Project Providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people under 25 at 1-866-488-7386. https://www.thetrevorproject.org/

#### Violence, abuse and neglect:

- Children's Advocacy Center of NC (CACNC) CACs can make a positive difference in the lives of abused children and provide advocacy by bringing the professional to the child instead of asking children and their families to access services through many different portals. <a href="https://cacnc.org/">https://cacnc.org/</a>
- Safe Child Safe Child works to eliminate abuse and empower families. Resources are available on safety tips, parenting tips, trauma, resources on stress, financial literacy, etc. Includes the National Child Abuse Hotline 800-4-A-CHILD. https://safechildnc.org/

- Prevent Child Abuse North Carolina This website provides information on the effects of trauma, recognizing physical and child sexual abuse, neglect, protective factors, resiliency, etc. https://www.preventchildabusenc.org/
- Project No Rest Project No Rest is a statewide project to increase awareness and prevention around human trafficking and how it affects our children and young people in North Carolina. The website includes resources to increase awareness of human trafficking, recognize warning signs, and intervene to help those affected. https://www.projectnorest.org/
- National Coalition Against Domestic Violence National organization providing a voice to victims and survivors of domestic violence. The website includes resources for getting help and taking action. National Domestic Violence Hotline at 1-800-799-7233 (SAFE). <a href="http://ncadv.org/">http://ncadv.org/</a>
- Child Welfare Information Gateway Helpful resource for foster families. Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare (DSS in NC), adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more. https://www.childwelfare.gov

#### Youth groups:

- Boys and Girls Clubs of NC This group strives to provide a safe, positive place and have a significant impact on children's lives. The Clubs provide an actual neighborhood-based building designed solely for youth programs and activities. The Clubs are open every day after school, and on weekends, when kids have free time and need positive, productive outlets. The Clubs have full-time, trained youth development professionals providing positive role models and mentors. Volunteers provide key supplementary support. Finally the Clubs reach out to kids who cannot afford, or may lack access to, other community programs. Dues are low, averaging \$5 to \$10 per year. https://www.ncclubs.org/
- Big Brothers and Big Sisters Programs This is the nation's largest donor-and volunteer-supported mentoring network. Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers and children, ages 5 through young adulthood in communities across the country. They create and support one-to-one mentoring relationships that help youth achieve their full potential. Provides a link to help parents enroll their child in local affiliate programs. https://www.bbbs.org/
- Girl Scouts Girl Scouts provides a leadership experience that shows that girls learn best in an all-girl, girl-led, and girl-friendly environment. Girl Scouts is a place where girls will practice different skills, explore their potential, take on leadership positions—and even feel allowed to fail, dust themselves off, get up, and try again. The national site provides links so that families can find Girl Scout troops near them. https://www.girlscouts.org/
- Boys Scouts The Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations, providing programs for young people that build
  character. The national site provides links so that families can find Scout troops near them. <a href="https://www.scouting.org/">https://www.scouting.org/</a>
- 4-H 4-H empowers young people to lead for a lifetime. Their programs in science, healthy living and civic engagement are backed by a network of 100 public universities and a robust community of 4-H volunteers and professionals. Through hands-on learning, kids build not only confidence, creativity and curiosity, but also life skills such as leadership and resiliency to help them thrive today and tomorrow. The national site provides links so that families can find 4-H clubs near them. https://4-h.org/
- Youth MOVE Youth MOVE is a youth-driven, chapter-based organization dedicated to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems—including mental health, juvenile justice, education, and child welfare. The national site provides links so that youth can find chapters near them. https://youthmovenational.org/
- Youth Villages: Asheville 828-250-3700, Boone 828-268-7200, Charlotte 704-510-5600, Greensboro 336-931-1800, Greenville 252-215-5700, Fayetteville 910-673-8520, Louisburg 919-729-0127 Raleigh 919-474-6400, Waynesville 828-454-6140